PASS IT ON.

Do you have a professional skill or tons of experience doing something you love?

We’re always on the lookout for presenters to join our talented team. At the moment we’d particularly love to hear from you if you have culinary, web design, computer programming or Microsoft Office skills under your belt.

Experience training others in a professional environment (such as leading apprentices or teaching) is highly advantageous – as is having genuine passion and enthusiasm for the skill you’re sharing!

Contact us to find out more:
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WHY LEARN WITH US?
With courses and one-day workshops in everything from food to photography, our passionate tutors teach at convenient locations around the Canberra Region.
Whether you have a couple of hours spare or a few hours a week, we have something enriching, fun or exciting for you to do with them!

PASSIONATE TUTORS
Our tutors bring passion and experience to class, so you’ll come away feeling confident and ready to put your new skills into practice.

WE’RE CLOSE TO HOME
No need to drive across town or try to find parking near fancy hotel complexes; our courses are conveniently held in Bruce, Reid, Gungahlin, Dickson, Fyshwick, Kingston and more. Plus, courses are coming to Tuggeranong later this year.

WE LISTEN
We’re always looking for new course ideas, as well as opportunities to connect with the Canberra community. Got an idea? Send it to us at: cit.solutions@cit.edu.au

CONNECT WITH US
Join us online and be inspired by student stories, tips and insights into our diverse course offering. You’ll also be the first to hear about our latest news, offers and competitions!

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Creative writing workshop
Mary Lynn Mather | 4 sessions | $275
Tue 12 - Fri 15 Jul | 9.30am–12.30pm
WIN2002
Take your way with words to the next level, drawing on your memories while experimenting with figurative language and honing your observation skills. Playful and informative, these sessions aim to guide you ever deeper into the imaginative realm as you turn your images and ideas into fiction and poetry.

Courtyard and balcony gardens
Keith Colls | 1 session | $85 | Mon 11 July
9.30am–12.30pm | WIN2001
An ideal course for anyone with a balcony, terrace, indoor or small courtyard garden. We’ll cover plant, pot and potting mix selection as well plant care and growing tips.

Adobe InDesign primer
Brad Nichol | 1 session | $195 | Fri 15 Jul
9.30am–4.30pm | WIN2004
Create great pages for print or digital use with Adobe InDesign. You’ll cover core tools, working with images in Photoshop, text fundamentals, design and layout tips, text and object effects, how CMYK works and much more.

Leap into retirement
Sue Scarlett | 1 session | $85 | Thu 14 Jul
9.30am–12.30pm | WIN2005
Successful retirement is about more than your finances. This three-hour interactive course will help you plan a retirement lifestyle that suits your interests, gives you a reason to get up in the morning and keeps you engaged. It examines the place work has had in your life and provides you with tools to craft the next exciting chapter.

Mobile masterclass for travellers
Brad Nichol | 2 sessions | $325 | Mon 11 & Tues 12 Jul | 9.30am–4.30pm | WIN2003
Designed for travellers, but also great for creatives and seniors who want to update their skills, this two-day workshop will show you all you need to operate mobile technology safely and effectively on the road. You’ll look at photo editing, cloud and storage options, how to effectively replace your DSLR with your iPhone or Android, video, mobile audio and connectivity during your travels.
ARTS & CREATIVE

Allow yourself to have beautiful, unplanned moments with one of our enriching creative courses. Drawing together such diverse disciplines as painting, glass blowing, photography and sewing this area offers an outlet for everyone and plenty of chances to feed your soul.

ART

Acrylics: exploration of colour
Felicity Green | 7 sessions | $355
Explore the versatility of acrylic paint while extending your experience with painting and painting methods. Learn about colour mixing and colour value and how to work with the full spectrum of the colour wheel.

Cartoons and caricatures workshop
Andrew Hore | 6 sessions | $255
This course will introduce you to cartoon character creation and the principles of caricaturing. You’ll learn how to find your style and gain confidence in cartooning and producing quick live caricatures.

Collage workshop
Judith Fuller | 1 session | $165
Discover the versatility of collage as a creative medium in this one-day workshop. Colours, texture and subject matter are limited only by your imagination.

Drawing on the right side of the brain
Felicity Green | 7 sessions | $355
Learn how to use right-brain mode to enhance your creativity and drawing skills. An ideal course for beginners or as a creative boost if you haven’t drawn for a while.

Fantasy art: design your own characters and realms
Keely Van Order | 5 sessions | $195
Learn how to produce original, technically proficient art while exploring a range of themes from imaginary creatures, symbolism, sci-fi and other mythological genres. Includes a range of drawing techniques as well as an introduction to digital art.

Introduction to still life painting
Felicity Green | 7 sessions | $355
Discover the beauty of still life while developing your painting skills. This relaxed class is suitable for beginners or continuing students who wish to extend their understanding of colour and technique.

Introduction to watercolours
Keely Van Order | 4 sessions | $185
This introductory course will introduce you to the basics of watercolour painting from composition and drawing through to colour mixing, intensity and washes.

Introduction to painting and drawing
Dennis Mortimer | 8 sessions | $345
This relaxed course will introduce basic painting and drawing techniques together with colour theory. You’ll follow a series of observation & design exercises and learn to work with a variety of materials. For beginning and continuing students.

Painting and drawing
John Gould | 7 sessions | $355
In this comprehensive introduction to painting and drawing, you will learn about composition, tone and colour and how to create visual images using a variety of media.

Portraiture workshop
Judith Fuller | 1 session | $165
Using a variety of media, this workshop will show you how to capture the personality of your subject. Sketching from life or a photograph, while learning the fundamentals of realistic portrait drawing, you’ll learn about scale, proportion, tone and composition and experiment with different media to produce several works over the course of the day.

Some courses require extra materials, please check the website shortcourses.cit.edu.au
A buyer’s guide to jewellery
Gabrielle Radinger | 1 session | $85
Let an experienced professional show you how to get the quality and the price you want when buying jewellery at auction on the internet or in the antique marketplace.

Bookcraft: getting started in bookbinding
Erika Mordek | 8 sessions | $435
This practical, hands-on course will teach you the basics of bookbinding and box making, from simple sewing techniques to making a hand-bound journal.

Bookcraft for continuing students
Robin Tait | 8 sessions | $455
Build on your bookbinding skills in this hands-on course. The small class size allows you to pursue your choice of individual project under expert guidance.

Nomad garden sculpture
Lex Sorrentino | 1 session | $165
Create your own unique and elegant sculpture with easy to use Paverpol fabric strips over an armature. Dip dyed and draped fabrics complete the sculpted figure.

Leadlighting: introduction
Gary Mitchell | 2 sessions | $325
Discover the beauty of traditional leadlighting, using techniques employed by glass artisans over the centuries. You’ll learn how to cut coloured glass and, with the aid of a basic pattern and simple soldering, assemble it into a decorative panel you can take home!

Macramé in a day
Annette Proescholdt | 1 session | $95
This workshop will teach you the basic knots used across all macramé projects. By the end of the day, you’ll have your very own macramé plant hanger ready to take home.

NEW! Macramé wallhanging in a day
Annette Proescholdt | 1 session | $95
Discover how easy it is to make your own macramé wall-hanging, the hot trend around town. A fun and relaxing way to spend the day and a great gift idea.

NEW! Make your own kokedama
Annette Proescholdt | 1 session | $55
Japanese moss balls are the latest word in living décor and are easy to assemble and care for. Learn how to make your own kokedama in this hands-on workshop.

NEW! Make your own terrarium
Annette Proescholdt | 1 session | $55
Learn how to assemble and care for a beautiful, low maintenance, plant-filled terrarium suitable for indoor use in this fun half-day workshop.

Recycle your jewellery
Julia Cattanach | 1 session | $65
Revive and repurpose your old or broken jewellery in this fun, hands-on course. Using beads, chains and various elements from the bottom of your jewellery box you will learn how to convert them into stunning new pieces you’ll be proud to wear.

Silver precious metal clay jewellery
Lex Sorrentino | 1 session | $145
Design and create your own beautiful necklace or earrings using Precious Metal Clay silver paper. This versatile material can be cut, hole punched or folded like origami into a range of shapes and then textured, decorated and coloured before being fired.

Soap creation using olive oil
Julian Reeves | 1 session | $109
This fun, hands-on course shows you how to create fragrant soap for personal and household use with equipment and ingredients commonly found in your local supermarket.

Upholstery
Max Vrancic | 7 sessions | $395
Learn how to bring an old, worn piece of furniture back to life using traditional upholstery techniques in this hands-on course, led by an experienced upholsterer.

Duration of sessions will vary. For further details see course calendar insert or visit shortcourses.cit.edu.au
Ever wanted to try your hand at glass blowing? These sessions are perfect to get you started.

Create a plate
Canberra Glassworks | 1 session | $320
Create your own beautiful glass plate, working with a rainbow of colours while learning about design and the basics of kiln-forming.

Flameworking: introduction
Canberra Glassworks | 1 session | $320
Learn how to create marbles, perfume bottles, sculpted animals and much more working with glass straws over a flame. Think glassblowing on a smaller, more intimate scale.

Flameworking: the next step
Canberra Glassworks | 1 session | $320
Consolidate the skills you learnt in the introductory flameworking course. You’ll work on more intricate pieces, gaining further confidence and further develop your skills.

NEW! Complete flameworking
Mark Eliott | 4 sessions | $1,300
This four-day class will take you from the basics of flameworking through to more advanced skills, creating figurines and animals, blown vessels, and plant and branch forms. An excellent way to explore the medium further and continue creating works on your own.

Glass bead making with Carole Griffiths
Canberra Glassworks | 1 session | $260
Make your own unique glass beads with molten glass and a lampworking torch in these fun classes led by established bead artist Carole Griffiths.

Glass blowing: introduction
Canberra Glassworks | 2 sessions | $530
Learn the basics of glassblowing in this exciting two-day course, spent working amongst the artists on the hotshop floor.

Glass blowing: the next step
Canberra Glassworks | 2 sessions | $530
Step back into the hotshop and consolidate what you have learnt in your introductory glassblowing course. This continuing class will help you gain confidence and further develop your skills.

Glass casting
Canberra Glassworks | 1 session | $320
Transform your own 3D sculpture in clay and plaster into a unique glass replica. No direct heat or machines used.

Glass engraving
Canberra Glassworks | 1 session | $260
The perfect class for anyone wanting to translate an interest in calligraphy and sketching into glass. You’ll learn how to engrave images and text on glass and also look at the timeless technique of “intaglio” or negative relief.

NEW! Complete engraving
Peter Nilsson | 4 sessions | $1,100
Run over two consecutive weekends, this course caters for both beginners and those who have previously taken an engraving class. You’ll learn various technical methods of expression using the medium of engraving on glass, and work on individual projects.

Window of light and colour
Canberra Glassworks | 1 session | $320
Design and create your own beautiful 36x24cm window full of light and colour by cutting and fusing together coloured glass.

Some courses require extra materials, please check the website shortcourses.cit.edu.au
Blues harmonica for beginners
Peter Van Den Heuvel | 6 sessions | $195
In this relaxed course, led by experienced blues harmonica player Peter Van Den Heuvel, you’ll master simple and easy-to-learn techniques and be playing the harmonica like the blues greats in no time.

Guitar for beginners
Neil Gray | 6 sessions | $195
Being able to pick up a guitar and play a beautiful melody is a skill that anyone can achieve with practise. Discover the challenges and rewards of playing guitar in this practical intro course.

Guitar for continuing students
Neil Gray | 6 sessions | $195
Working on chord structures, finger picking and rhythm options, this post-beginners class will expand your musical repertoire and help you play with confidence.

Ukulele for beginners
Michael Rosenberg | 6 sessions | $195
Have fun while learning how to make music on this small and affordable instrument. In this easy-paced course you will learn basic chords, rhythm and practise techniques.

NEEDLEWORK, CRAFT AND FASHION

Crochet for beginners
Audrey Cureton | 5 sessions | $155
Learn the simple art of crochet; a pastime that is not only portable, practical and sociable, but allows you to be creative and experimental.

Knitting for beginners
Lee Scott | 4 sessions | $155
Knitting is fun, fashionable, creative, relaxing and relevant across all seasons. This course will teach you the basics, giving you the confidence to take on your own projects in cotton, linen or wool.

NEW! Amigurumi crochet
Lee Scott | 1 session | $125
Amigurumi is the Japanese art of knitting or crocheting small stuffed animals known for their ‘cuteness’. In this workshop you’ll learn how to make your own special amigurumi animal.

NEW! Broomstick crochet workshop
Lee Scott | 1 session | $125
Learn how to make Broomstick Lace - a crochet technique from the 19th century which is worked using a crochet hook and a long slender anchor, once a broomstick but now more often a ruler or large needle.

NEW! Creative Craft Workshop
Audrey Cureton | 3 sessions | $155
Learn how you can use a range of basic embroidery stitches, craft materials and sewing techniques to personalise any fabric item from a book cover, to table runners, colourful Christmas stockings and decorations. Working by hand or machine or a combination of the two what you create is limited only by your imagination.

NEW! Micro Macramé workshop
Lee Scott | 1 session | $125
Downsize your macramé project and discover how the same techniques can be used to create beautiful, small decorative items such as keychains, bracelets or earrings.

Mixed media Christmas craft
Lee Scott | 3 sessions | $145
Create your own very special Christmas ornaments in this fun course that shows you how to use your basic knitting or crochet skills to make beautiful handmade decorations you will be proud to hang on the tree. Good basic knitting and crochet skills essential.

Needle felting
Glynda Bluhm | 1 session | $95
Learn how to needle felt; a fast, fun and easy-to-learn craft technique used to make a wide variety of useful and decorative items.

Spinning alpaca and llama fleece
Glynda Bluhm | 3 sessions | $195
Working with easy to use Roberta electronic spinners you’ll learn how to card, spin and ply, wash and skein your own alpaca and llama yarn to take home.

Patchwork and quilting: all levels
Audrey Cureton | 4 sessions | $195
Work at your own level and pace through a series of projects, techniques and ideas from basic quilt blocks to intuitive piecing and embellishments.

Sewing for beginners
Carol Price OR Lyn Pearson | 5 sessions | $225
This course will introduce you to basic sewing techniques and give you the skills and confidence to create or mend your very own piece.

NEW! Sewing for beginners: childrenswear
Lyn Pearson | 5 sessions | $225
Learn basic sewing techniques and skills while making simple and wearable clothes for children.

Easy skirts and trousers: the next step
Carol Price OR Lyn Pearson | 4 sessions | $195
After completing ‘Sewing for Beginners’, take the next step and learn to use a commercial pattern customised for the perfect fit.

Duration of sessions will vary. For further details see course calendar insert or visit shortcourses.cit.edu.au
PHOTOGRAPHY

THE BASICS

Digital photography for beginners
Andrew Long | 6 sessions | $295 OR David Richardson | 1 session | $175
This course will teach you how to get the most out of your digital camera, looking at essential camera controls, basic photography skills and all important composition. We’ll also look at how to import and manage your files.

Understanding your DSLR and compact camera
Brad Nichol | 1 session | $195
Learn how your digital camera really works. This comprehensive course takes you through all the basics including scene modes, flash control, file size, memory, compression, menu items and much more.

Digital photography: DSLR
Stephen Corey | 5 sessions | $350
Suitable for beginner digital photographers with a DSLR (digital single lens reflex) camera, this course will teach you basic digital photography skills including exposure, camera controls, composition, lens choice and flash.

EDITING, PRESENTATION AND STORAGE

Adobe Photoshop in a day
Brad Nichol | 1 session | $195
Discover how versatile and effective Adobe Photoshop can be for photo editing. You’ll learn about layers, effect filters, monochrome conversions, creative sharpening and how to create your own composite images.

Editing photos in Lightroom
Brad Nichol | 1 session | $195
Edit your camera’s RAW and JPEG files with Adobe Lightroom. You’ll learn about tone adjustment tools, cropping, resizing, basic and advanced colour tools and more.

Making great photobooks
Brad Nichol | 1 session | $195
Photobooks are the ideal medium for displaying your holiday or family photos. This course looks at the best available software, the best printing options and most importantly how to get truly professional results.

Organising your digital photographs in Lightroom
David Richardson | 1 session | $89
Learn how to organise your entire photo collection with Lightroom, Adobe’s image organising and photoprocessing software.

Photo restoration
Brad Nichol | 1 session | $125
Learn how to clean up scanned photos and prints in Photoshop, Photoshop Elements or an equivalent photo editor.

Photos on your Mac
Brad Nichol | 1 session | $195
The Photos App for Mac makes it easy to manage your entire photo library. Learn how to set up and use the core tools available, how the App integrates with the Cloud and explore the advanced options now also available on the iPhone and iPad.

Scanning your family history
Brad Nichol | 1 session | $195
Clever scanning can effectively preserve a range of historical memorabilia from the family archive, including 3D items. This workshop covers tone and colour tools, resizing, storage, backup, fixing defects and basic edits.

PHOTOGRAPHY WORKSHOPS

Advanced digital camera
Brad Nichol | 1 session | $195
A comprehensive workshop for photographers who’ve mastered the basics of their DSLR camera and want to learn how to use the array of advanced features available.

NEW! Creative composition
Brad Nichol | 1 session | $195
Turn your camera into an art studio with this workshop that teaches you how to look at composition from a creative perspective. You’ll learn how to use your technical skill with the camera to produce beautiful fine art images.

Video workshop
Brad Nichol | 1 session | $195
Learn how to shoot video like a pro on your DSLR or compact camera. You’ll learn how to handle formats, focus methods, framing, exposure, simple edits and more.

iPhoneography
Brad Nichol | 1 session | $195
Its increasingly sophisticated camera makes the iPhone ideal for photos on the go. Learn how to capture, edit and share great images in this hands-on workshop.

Night photography
Brad Nichol | 1 session | $195
Didn’t get the results you wanted at Enlighten this year? Learn how to take fantastic photos in really low light or at night. Classroom theory is followed by an evening excursion to Lake Ginninderra to put the theory into practice.

Photographic lighting workshop
Brad Nichol | 1 session | $195
Understanding lighting is the key to successful photography. If you know how to use your camera and understand basic composition, come and learn how to make the most of light - in all its forms.

Shooting macro
Brad Nichol | 1 session | $195
Bring the small world into focus as this workshop takes you through the core shooting tool options for Macro photography. We look at focus, colour, ideal exposure, artificial and natural light and how to set up your subject.
MEET THE TUTOR: SARA D’ALESSANDRO MANOZZO

Art criticism and Renaissance art tutor Sara hails from Italy (as her name suggests) and brings her curator and historian’s eye to CIT Solutions for the first time in 2016. We spoke to her about why art matters, where to see the best and how to get more of it into our lives.

WHAT’S THE VALUE OF ART CRITICISM FOR YOU? WHY IS IT IMPORTANT?

Art criticism is the lens through which we read an artwork. Studying the development of art criticism we can realize how art history is an ever-changing subject; how writers, poets and intellectuals supported artistic tendencies and how, sometimes, their contribution created new aesthetics.

WHO’S YOUR FAVOURITE ITALIAN ARTIST (PAINTER OR SCULPTOR)?

This is a tough question! It is very difficult to say who is my favourite Italian artist through centuries of art...I love 20th century and contemporary art, Giorgio Morandi, Alberto Burri, the Arte Povera movement but also more “pop” artists such as Maurizio Cattelan. With historical artists is even more complicated, and I could give you very different answers, from the unreal purity of Piero della Francesca to the powerful involving inventions of Bernini.

ANY TIPS FOR SOMEONE WHO HAS NEVER BEEN ‘INTO’ ART BEFORE? WHAT DO YOU DO WHEN YOU FIRST LOOK AT A PAINTING?

My tip to everyone who is approaching art for the first time is “enjoy it”. Don’t worry if you don’t get the meaning, or if you don’t know what it is representing. Art is a visual language, and as long as an image rings a bell in your mind (whatever the bell is linked to, emotion, intellectual curiosity, anger or indignation) it means that you are appreciating it; then, if you want and have the time, you can find more information about it.

SO, DO YOU HAVE ANY TIPS FOR FINDING BEAUTIFUL ART IN EUROPE? ANY LESSER KNOWN GALLERIES, CHURCHES ETC. YOU CAN RECOMMEND?

This is also a tough question! In Italy you have an uncountable number of lesser known treasures: the church of San Clemente in Rome, for example, counting three levels (two are underground) in which you can see how Christian art developed, or entire little cities like Otranto in Puglia, Ragusa in Sicily, Arezzo in Tuscany. Travelling around Italy is always a discovery, even for an Italian!

WHAT DO YOU ENJOY ABOUT TEACHING?

I enjoy involving people and giving them different points of views; beside the information about the authors and the artworks, I would like to transmit a little bit of the complexity of History of Art, basically because I honestly love it!

NEW!

Renaissance in Tuscany
5 sessions | $175

Florence is the cradle of Renaissance, one of the most extraordinary periods for international history of art. Between the 13th and the 15th century Florence and the region of Tuscany gave birth to some of the greatest artists of Western culture: Giotto, Masaccio, Brunelleschi, Donatello, Botticelli, Leonardo and Michelangelo. Through five lessons, we will discover how this could happen, focusing on the revolutionary style of these artists and on their historical and philosophical context.

NEW!

Renaissance in Venice
5 sessions | $175

If in Florence the Renaissance was based on the revolutionary technique of perspective, of draftsmanship and geometry, in wealthy Venice painters were more interested in the power of luminosity, colour, of brushstrokes. Through the masterpieces of the Serenissima, one of the most fascinating cities in Europe, we will discover another Renaissance, more natural and expressive, from the origins of Giovanni Bellini until the mannerist examples of Tintoretto and Veronese.

Duration of sessions will vary. For further details see course calendar insert or visit shortcourses.cit.edu.au
Taking care of yourself is so much more than eating the correct nutrients and burning them off again. There is so much joy to be found in life’s simple pleasures – moving, cooking, entertaining and getting outside. Do your mind and body a favour by getting into the kitchen or out of the house!

**FOOD**

**Cake Decorating: introduction 1**
Jenny Stirzaker | 4 sessions | $245
Begin your cake decorating adventure here. In this 12-hour course you’ll learn the basic techniques; how to handle fondant, basic piping techniques, basic flower making and model a cute teddy bear.

**Cake Decorating: introduction 2**
Jenny Stirzaker | 4 sessions | $245
This course will show you how to build on your basic cake decorating skills. You’ll ganache and ice a round cake and do basic cupcake piping, learn how to make a monogram and hand mould flowers and mould a puppy dog out of fondant.

**Cake Decorating: intermediate 1**
Jenny Stirzaker | 4 sessions | $245
If you’ve mastered the basics and are ready to take on the next challenge then this class is for you. You’ll learn how to ice and stack square cakes, create wafer paper and piped and moulded flowers as well as model figurines out of fondant.

**Cake Decorating: the next step**
Jo Binkin | 6 sessions | $265
If you have mastered the basics of cake decorating, feel confident working with fondant and have experience with figures and flowers then take the next step. Over six weeks you’ll develop your skills in a range of areas with some flexibility possible, dependent on the interests of the group.

**Cooking 101**
Michael Lyons | 6 sessions | $285
If you don’t know the difference between chopped and diced, what it means to sauté or can’t make a basic sauce, then Cooking 101 is the course for you. In a fun, relaxed atmosphere you’ll build your culinary skills and confidence through mastery of easy-to-learn techniques.

**Cooking 102**
Michael Lyons | 6 sessions | $285
Whether you’re a novice or just want to add a little sophistication to your basic culinary routine this hands-on cooking course will expand your recipe repertoire and give you more practical tips and techniques you can take home and use daily in the kitchen. Basically this is Cooking 101 with a different set of recipes and a few more fun challenges!

**Cooking for blokes**
Michael Lyons | 6 sessions | $285
Learn how to tackle the kitchen domain with confidence and flair. Through a range of cooking styles Michael will give blokes the skills to tackle almost anything in the kitchen, from entrees and main courses, to desserts and cakes. Every night you will have the opportunity to cook and eat – and even take home leftovers.

**NEW! Easy Asian cooking**
Jenny Foley | 3 sessions | $285
Discover the amazing flavours to be found in Asian cuisine. Learn how to cook a range of fresh, healthy and quick dishes, and pick up some of the tips and tricks professional chefs use to make their lives easier in the kitchen. Pack your chopsticks!
Meet the Tutor:
Jane McIntyre

What do you love about fermenting and pickling?
I love fermenting foods because the health benefits of the probiotics they contain can be life-changing and I like pickling because it is a great way to reduce food waste. You can pickle practically any vegetable and enjoy it weeks or months later - with the nutrients intact!

Any tips for the home pickler?
Just give it a go! You can’t really mess up a simple pickle - and don’t be afraid to be creative with your herbs and spices. It’s the spices that really make a pickle special.

What do you enjoy about teaching the class?
I love having a captive audience to prattle on to about fermented food, probiotics and gut health and why it is so important. I also love meeting people who are curious about how the food they eat impacts their health. Oh, and I love seeing students taking home something that they made in a jar!

So, why make fermented veggies at home?
For starters, it’s much cheaper than buying them. Plus, a lot of the fermented foods that are available in Australia are imported and imported fermented food is generally irradiated to kill the bacteria (bye-bye probiotic benefits). Add to that the fact that local fresh sauerkraut or raw cultured veggies from the health food shop fridge is seriously spendy, and there are more reasons to do it than not!

Wine appreciation
Michael Tabart | 6 sessions | $275
Develop your understanding of wine with this introductory six week program. This course provides a basic overview of the wine industry, wine styles and the practical elements of enjoying fine wine.

Warming winter soups
Jenny Foley | 1 session | $85
Hearty soups are ideal for those cold winter days. Learn how to make a great stock and build it into a selection of tasty soups with universal appeal.

Fabulous finger food
Jenny Foley | 1 session | $85
Learn how easy it is to make a range of delicious bite-sized mouthfuls. In one evening you’ll make a range of savoury and sweet options such as chilli and lime prawns, curried vegetable samosas or tiny sweet tarts - the ideal complement to your next soiree.

Pastry trio masterclass
Jenny Foley | 1 session | $85
Pastry always tastes better when you make it yourself and it’s easier than you think. In this class you learn how to master choux pastry for the perfect eclair, short pastry for a tasty quiche and sweet flan pastry for festive mince pies.

New! Easy Italian cooking
Jenny Foley | 3 sessions | $285
Good Italian cooking is fresh, light and full of fabulous flavours. Learn to make your own fresh pasta, pesto, polenta and plenty more, including some fabulous desserts and biscuits.

Easy dinner party cooking
Jenny Foley | 3 sessions | $285
Cooking for a small party (or one with leftovers)? The menu doesn’t need to be basic and boring. Learn how to create a simple but tasty entree, main meal and dessert with a limited range of quality ingredients.

New! Healthy food with taste
Jenny Foley | 3 sessions | $285
Healthy food doesn’t have to be all quinoa and kale. Learn how to rustle up a healthy meal full of flavour and colour (including an Indian vegetarian buffet) while picking up tips and techniques you can use at home.

Want to give it a go?
Fermenting and pickling
2 sessions | $95
Pickled and fermented foods are enjoying a renaissance, appreciated for their diverse flavours and recognised for the health promoting vitamins and probiotics they contain. Learn how you can produce your own fermented and pickled foods easily in your own kitchen.
FISHING

Finding fish in South Coast estuaries
Danny Spelic | 2 sessions | $225
South Coast estuaries are an ideal place to enjoy a relaxing day’s fishing. Looking at species, baits, location selection, tides, rigs and more this course will cover all you need to know for successful fishing in our southern estuaries.

Finding fish on ocean beaches
Danny Spelic | 4 sessions | $225
The beautiful, unspoilt beaches of the south coast are renowned for great fishing spots but it helps to have a few keys skills and some insider tips along with your rig. This course will cover species, baits, location selection, tides, rigs and more.

Fishing Canberra: the 100 pound cod
Danny Spelic | 4 sessions | $225
Discover the best fishing spots in the ACT region, find out about the perfect tackle to use and learn everything you need to know about fishing the local area in this course combining theory and plenty of hands-on technique. Includes practical time on the water.

Fishing with the kids
Danny Spelic | 1 session | $75
Have you ever wanted to take the kids fishing but don’t know where to begin? This course is designed to equip you with the basic skills required to confidently take the kids fishing AND catch fish! Parents must accompany kids. Includes a practical afternoon session on the water.

Fly fishing and fly tying
Danny Spelic | 2 or 4 sessions | $225
The fine art of fly fishing is easy to learn, very effective and fun for everyone, whether you are a beginner or an experience angler. This comprehensive course covers equipment, fly selections and construction, casting techniques, insect entomology and more.

Trout fishing in the Snowy Mountains
Danny Spelic | 4 sessions | $225
Learn how to fish our alpine lakes, rivers and streams. This course will teach you what lures are best for trolling Lake Jindabyne, how to catch a trout loch-style fishing on Tantangara, how to spot and stalk a fish in a mountain stream or how to simply sit and relax with some baits in the water at Eucumbene.

FITNESS

Fit Ball and Steps
Margaret Cargill | 8 sessions | $140
Develop your strength, increase your flexibility and fitness and improve your balance and coordination using Fit Ball and Steps. In this fun and energising course you will learn how to use Pilates principles to help enhance core stability.

Massage: introduction
Emily Worsnop | 2 sessions | $265
Led by a qualified remedial massage therapist this hands-on course will teach you the basics of massage, providing you with practical skills and knowledge for giving a relaxing massage at home.

Meditation: introduction
Julianna Irhazi | 6 sessions | $95
This course introduces you to effective relaxation techniques, progressing through a range of meditation styles to help you discover and focus on the style which best suits you as an individual.

NEW! Restorative yoga and meditation
Julianna Irhazi | 6 sessions | $135
This gentle yoga class combines easy yoga poses (asana); breathing exercises (pranayama); simple chants (mantra); relaxation (yoga nidra) and meditation to help deal with stress and recover from or prevent injury.

Samyama yoga: intermediate level
Christine Boulan-Smit | 8 sessions | $175
A contemporary and inclusive approach to classical yoga, classes are adapted to seasonal changes and students’ needs.

Samyama yoga for body alignment and mental relaxation
Christine Boulan-Smit | 8 sessions | $175
Increase your flexibility, strength and focus while energizing your body, releasing tensions and relaxing your mind. Many aches and pains can be relieved by improving the body’s structural alignment and core strength.

“There is nothing more satisfying than seeing the smile on someone’s face when they catch a fish for the first time. As the old Chinese proverb says, give a man a fish and you feed him for a day, teach a man to fish and you feed him for a lifetime!”

Tutor - Danny Spelic | Fishing

Some courses require extra materials, please check the website shortcourses.cit.edu.au
Age appropriate makeup for everyday and special occasions

Amy Capeda or Stephanie Church
2 sessions | $115

Find a brighter and fresher look with ideas and products that suit your age and your lifestyle. This course helps you kick any outdated makeup habits and teaches you the tips and techniques you need for a look which is age appropriate.

Makeup for everyday and special occasions

Amy Capeda or Stephanie Church
2 sessions | $115

Learn how to apply natural looking makeup that suits your face shape and colouring. This course will show you how to select makeup products which suit your skin type and teach you tips and techniques for applying natural-looking makeup.

Style and wardrobe success

Kim Williams | 1 or 2 sessions | $125

Through a series of fun, practical exercises this hands-on workshop will help you determine your style personality, dress to enhance your body shape and identify your clothing needs according to your lifestyle.

Working wardrobe makeover

Kim Williams | 1 session | $65

Give your monotonous working wardrobe an overhaul in this practical workshop. You’ll learn how to make the right wardrobe choices for any professional situation, gaining confidence and saving time when dressing and money when shopping.

Bicycle maintenance for everyone

Stuart Bardsley | 6 sessions | $190

Learn how to perform pre-ride safety checks, make basic adjustments to your bike including brakes, gears, wheels, spokes, repairing punctures and much more. The key to trouble-free riding, this course is a must for all cyclists. Includes safety and helmet fitting tips.

Caravanning for beginners

Waine Summerfield | 1 session | $125

The essential guide for anyone considering a major van purchase or an extended caravanning holiday, this course is full of useful tips and advice. You’ll discover what to look for when buying a van and how to identify the type of caravan and tow vehicle that best suits your needs. You’ll also learn about the factors to take into consideration for any long journey with a van.

Reversing your caravan or trailer

Waine Summerfield | 1 session | $90

Discover how you can reverse your caravan or trailer easily and safely by learning the simple secrets to making it go the right way every time. This short course gives you all the tips and techniques you need including important weight ratios, basic maintenance and of course how to use your mirrors. Bring your van or trailer and put the theory into practice in the carpark.

Practical astronomy

Dr Stephen James | 5 sessions | $195

Through an enjoyable mix of theory and practical observation this course takes a comprehensive look at the universe and our place in it. You’ll also learn about Planetarium software; telescopes and how to make the most of one you have. It concludes with an outdoor session putting all you’ve learnt into practise under the night sky.

Duration of sessions will vary. For further details see course calendar insert or visit shortcourses.cit.edu.au
### GARDENING & SUSTAINABLE LIVING

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**Aquaponics: introduction**  
*Ian Campbell* | 1 session | $225  
Learn how to set up your own backyard aquaponic system, growing fish and organic vegetables in a symbiotic environment.

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**NEW! Aquaponics advanced workshop**  
*Ian Campbell* | 1 session | $225  
An advanced course for those wanting to build or extend their Aquaponics system. As well as covering system setup and modification we’ll look at strategies for growing plants produce, how to look after tricky fish species and more.

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**Beekeeping in the backyard**  
*Beekeepers Association of the ACT*  
2 sessions | $349  
This comprehensive introductory course, presented by the Beekeepers Association of the ACT, will give you a sound working knowledge of beekeeping and honey production. Learn to keep your bees in good health and your hives in good condition. Includes access to the bees on site.

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**Composting and worm farming**  
*Keith Colls* | 1 session | $79  
Find out how easy it is to reduce household waste through composting and worm farming. Troubleshooting for more experienced composters or worm farmers is also covered.

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**Courtyard and balcony gardens**  
*Keith Colls* | 1 session | $85  
The ideal course for anyone with a balcony, terrace, indoor or small courtyard garden. We’ll cover plant, pot and potting mix selection as well plant care and growing tips.

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**Floristry: introduction**  
*Hazel Davies & Gina Kromar*  
6 sessions | $265  
This introduction to professional floristry course offers a window on the world of commercial floristry covering basic skills in hand tying, wiring for special occasions as well as design.

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**Grow, store and preserve garden produce**  
*Noel & Catherine Beynon* | 1 session | $115  
Spend an enjoyable day at the Beynon’s property and see how they have managed to develop an extensive vegetable, fruit and nut garden over the past decade. They’ll share the techniques they use to improve the soil, protect crops, create micro-climates and store and preserve the harvest and suggest how you can apply them to your plot of land, large or small.

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**Horticulture: introduction**  
*Keith Colls* | 6 sessions | $259  
If you’re interested in landscaping or want to know more about the best plants for a Canberra climate, then this course is sure to inspire. Suitable for the home gardener the course also offers a taste of what it is like to be a professional horticulturist.

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**Organic gardening**  
*Keith Colls* | 4 sessions | $239  
Learn how to plan, plant and manage your own organic garden. The combination of useful theory and practical gardening skills will have you growing delicious and healthy organic produce in no time.
**Waterwise gardening**

Keith Collins | 2 sessions | $95

Our changing climate means you'll need some good planning to keep your garden alive and your water costs down. This course will help you understand the essential water needs of plants and work out the best systems you can employ for maintaining a healthy and productive garden even in very dry conditions.

**Interior design for everyone**

Catherine Henderson | 8 sessions | $359

Does your home needs a lift but you don't know where to start? The ideal introduction for anyone building, renovating or decorating their home this practical course will teach you how to be more creative within your home.

**NEW! Basic home plumbing**

Ian Campbell | 1 session | $85

This practical course will teach you the basics of home plumbing, allowing you to confidently change tap washers on interior and exterior taps as well as equipping you with simple diagnostic and problem-solving techniques for toilet cisterns.

**Brickwork skills: basic**

Mark Zarak | 2 sessions | $345

Get the confidence and knowledge to undertake small brickwork projects around the home. You'll learn all the tips and tricks of the trade, including choosing the right bricks, mixing the right mortar and working to a string line.

**Cement rendering**

Don White | 1 session | $195

This course covers all types of rendering techniques including interior and exterior patching of your home. The course also includes Blueboard application, fixing and rendering.

**Maintaining motorised garden equipment**

Mark Cumberland | 1 session | $95

Save on needless expense and learn to service your garden equipment. This hands-on class covers two and four-stroke motors, service schedules, tuning, fuel mix and basic upkeep. Ideal for mowers, ride-ons, whipper-snippers, mulchers and much more!

**Owner-builder’s course**

Scott Leighton | 4 sessions | $539

The ideal grounding for the prospective owner-builder in the ACT, this course will outline the building process from the Development Application (DA) through to the Certificate of Occupancy.

**Paving DIY**

Mark Cumberland | 1 session | $195

Learn how to choose the right materials, construction methods and design for your next paving project. In this hands-on course you will learn paving, cutting and laying, plus cover some theory, the tools you will need and how to properly plan your job.

**Pergolas and decking**

Scott Leighton | 5 sessions | $595

This practical course will teach you how to develop a deck and/or pergola from initial design concept through to material and tool selection, set out, and construction fixing.

**MEET THE TUTOR:**

**EDWINA ROBINSON**

**TELL US ABOUT YOUR COURSE ‘CREATING SUSTAINABLE GARDENS’**

We take a really practical look at dealing with climate change. It’s going to be hotter and drier, so we look at the ways it will affect your garden and how you can plan for those things. Is it growing more big shade trees that will still allow solar access in winter while providing summer shading to the roof and walls? Is it growing climbers up your walls or shading the roof of your house to reduce electricity consumption and air conditioning usage? We talk about all that and more.

It’s also doing things like creating a microclimate, working out how you can position water features, trees and plants to cool the environment.

**CAN YOU TELL ME A LITTLE BIT ABOUT MICROCLIMATES AND THE TECHNIQUES YOU’LL COVER?**

Well, once you’ve established your trees and plants, you draw the cool air they create into the house and then vent it out at the top of the house where hot air rises. A good microclimate creates what’s called a Venturi Effect through the house, where the cool air is continually sucked upwards and circulation continues.

The course also talks about planting shelter belts and windbreaks and how they can serve multiple functions; there are plenty of plants that can do double duty and provide food as well as shelter. One of my passions is avoiding food waste, so we touch on that by talking about how you can integrate fruit and vegetable plants into your garden.

I’ve also had experience in developing an aquaponics system, where your fish and vegetables co-exist symbiotically. We’ll discuss the pros and cons, and what didn’t work for me when I started out versus what’s working now.

**TRY IT YOURSELF:**

**NEW! Creating a Sustainable Garden**

4 sessions | $235

Learn how to create a delightful and sustainable garden that can cope with a changing climate. This course will explore stormwater and grey water harvesting, soil improvement, creating shade and wind breaks, growing edibles and keeping chickens, choosing drought hardy plants and creating a mini-oasis adjacent to your home. Includes an excursion to visit 3 inner city Canberra gardens.

*Duration of sessions will vary. For further details see course calendar insert or visit shortcourses.cit.edu.au*
### Plastering and patching

**Don White | 1 session | $195**

Learn how simple patching and plastering techniques can make rooms look like new again. This practical course will cover patching dents or holes in plaster walls including picture hook marks, holes left by large appliances and much more.

### Practical carpentry for home building

**Scott Leighton | 6 sessions | $575**

Aimed at the home renovator this hands-on, practical course will work through a series of practical carpentry projects including plan reading, site setting out, power tools, wall framing and finishing carpentry.

### Stonework skills: basic

**Marko Zarak | 2 sessions | $345**

Led by a qualified and experienced stonemason this course will give you the skills you need to build dry-rock retaining walls, steps or even a great family barbeque in your backyard. The techniques and skills learnt can be adapted to various situations and applications around the home.

### Tiling: practical for bathrooms

**Martin Stallard | 1 or 3 sessions | $249**

Perfect for DIY renovators keen to discover some of the tricks of the trade. Learn from a professional tiler who can help you design and produce a beautiful bathroom from demolition of the old to grouting of the new.

### Waterproofing and screeding your shower base

**Martin Stallard | 2 sessions | $175**

This course combines the two essential skills for any successful DIY bathroom renovation. Learn how to install a waterproof membrane in the bathroom area, then lay the floor to a gradient suitable to drain into a floor waste.

### Woodworking at Bruce

**Mirsad Ramic | 7 sessions | $475**

This hands-on course is designed to provide you with an introduction to essential cabinetmaking techniques using both hand and power tools. Learn about joints, tools tuning, sharpening, assembly, finishing and jig making while constructing a small, functional furniture item.

### MECHANICS

### Basic car maintenance for new car owners

**Robert Sharp | 2 sessions | $85**

Do you know what is under the hood of your car, what to check, how to keep it running smoothly, or how to change a tyre? This ‘need to know’ course will have you safely on the road and feeling confident you can respond appropriately to problems as they occur.

### Motor maintenance

**Robert Sharp | 4 sessions | $325**

This introductory, hands-on course puts you under the bonnet and in control of your car’s motor maintenance. Topics covered include major engine tuning and service; brake inspection, adjustment and replacement; tyre wear, changing and rotation, as well as safety inspection.

### Motor maintenance for 4WD diesel vehicles

**Colin Prest | 4 sessions | $325**

The ideal course for anyone planning a lengthy or remote 4WD trip. Over 4 weeks we look at engine servicing as well steering, suspension, driveline, and electrical and braking systems. Accessories and trip preparation will also be covered.

### Advanced motor maintenance for 4WD diesel vehicles

**Colin Prest | 4 sessions | $325**

This follow-up to the basic course will cover more advanced diesel theory; do further work on 4WD fuel systems and diesel engine diagnostics; look at wheel bearing replacement and maintenance; as well as advanced electrical modification, diagnosis and repair; and suspension modifications.

### NEW! Basic motorcycle maintenance

**Robert Sharp | 2 sessions | $85**

Led by an experienced bike rider and automotive specialist this course will cover basic motorcycle maintenance and include tips to help keep your bike running smoothly and you confident you can trouble shoot under any circumstances.

### WELDING

### CIGWeld electric arc welding: introduction

**Richard Marchbank | 3 sessions | $345**

Ideal for the home handyman or hobby farmer this course will teach the basics of manual electric arc welding. Ideal for bigger jobs around the home.

### MIG and arc welding: introduction

**Richard Marchbank | 4 sessions | $495**

Learn how to use manual metal arc (stick) and gas metal arc (MIG) welding for your more detailed home welding work and be confident when selecting the right process for your welding job.

### MIG and TIG welding: introduction

**Richard Marchbank | 4 sessions | $495**

Ideal for the auto enthusiast and home handyman wanting to do fine detailed work. This course will teach you how to use MIG (gas metal arc) and TIG (gas tungsten arc) processes for your welding projects.
Step away from your email and learn to really communicate. Put a mirror up to society (or yourself) by immersing your mind in the world of creative narrative, or loosen your grip on Google Translate during your next holiday by learning the lingo of your dream destination.

AUSTRALIAN SIGN LANGUAGE

Australian Sign Language (Auslan 1)
Sheree Murray or Vera Hall or Diana Ciuffetelli | 6 sessions | $235
This introductory course will teach you the basics of Australian Sign Language using current expressions and emphases. The course will also help to raise awareness of the deaf community, its language and culture.

Australian Sign Language (Auslan 2)
Sheree Murray | 6 sessions | $235
Auslan 2 continues the unique and enjoyable experience of communicating visually using Australian Sign Language and takes you further down the road on your journey to learn the language.

Living with hearing loss
Nicola Field | 1 session | $45
This short session looks at the impact of hearing loss and what can be done to help. We discuss what hearing loss means for the individual as well as those around them. We also look at effective communication strategies how to make the most of the latest technology.

LANGUAGES

Our language classes are designed for people who want to learn the basics of a language for general interest.

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<thead>
<tr>
<th>COURSE</th>
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<tr>
<td>Arabic: introduction</td>
<td>Maya Awik</td>
<td>8 sessions</td>
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<tr>
<td>Croatian: introduction</td>
<td>Meri Dragicevic</td>
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<tr>
<td>French: introduction</td>
<td>Francoise Muller or Kassem Saikal</td>
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<tr>
<td>German: introduction</td>
<td>Annette Proescholdt</td>
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<tr>
<td>German: continuing</td>
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<tr>
<td>Hindi: introduction</td>
<td>Shailesh Diwedi</td>
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<tr>
<td>Italian: introduction</td>
<td>Antonietta Cooper or Sara d'Alessandro</td>
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<tr>
<td>Italian: continuing</td>
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<tr>
<td>Japanese: introduction</td>
<td>Akiko Kono</td>
<td>8 sessions</td>
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<tr>
<td>Japanese: continuing</td>
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<tr>
<td>Mandarin: introduction</td>
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<tr>
<td>Mandarin: continuing</td>
<td>Lin Zhao</td>
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<tr>
<td>Spanish: introduction</td>
<td>Fabio Fabbo or Magaly Delgado or Rosa Domingo</td>
<td>8 sessions</td>
<td>$275</td>
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<tr>
<td>Spanish: continuing</td>
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</tbody>
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COURSES FOR TRAVELLERS

French for travellers
Barbara Neish | 5 sessions | $195

Italian for travellers
Murien Pluchino | 5 sessions | $195

Spanish for travellers
Yuri Pacheco | 5 sessions | $195

AND SOMETHING A LITTLE DIFFERENT...

NEW! Spoken Cantonese
Renli Huang | 8 sessions | $275
This lively, interactive class will introduce you to spoken Cantonese. Using dialogues that take you through a range of familiar situations, you’ll master the language of basic social interaction and learn about etiquette and customs in local culture.

NEW! Exploring Serbia and the Dubrovnik riviera
Jasmina Gavrilovic-Tarle | 6 sessions | $215
In a relaxing combination of basic Serbian language class and travelogue this course takes you on a virtual tour through Serbia and Croatia and along the Dubrovnik Riviera, introducing you to the vibrant cultures and sights of this remarkable region. A must for the intending traveller.

NEW! Ruta del Quijote
Rosa Domingo | 6 sessions | $215
This year marks the 400th anniversary of the death of Cervantes and we commemorate this in this course which follows the adventures of the author’s most famous character, Don Quixote. Conducted in Spanish the course will look at some of the provinces that Don Quixote travels to; read and discuss some passages from the book and build your Spanish vocabulary and grammar along the way.

NEW! Tapas around Spain
Rosa Domingo | 6 sessions | $215
Bring your basic Spanish language skills on a linguistic and cultural tour through Spain. The journey will take you through Spanish culture, festivities and traditions (including the origin of tapas) and you’ll learn the vocabulary and grammar associated with your travels as you go.

WRITING

CREATIVE WRITING

Character crafting: a crash course
Luca Lombardo | 6 sessions | $275
Learn how to craft a believable character that you can use in any story you may write, stepping into their skin and becoming them. Together as a class we will explore what makes them who they are and how they will react to a changing situation.

Writing better stories
Ian McHugh | 6 sessions | $275
This course is aimed at fiction writers who are actively writing stories and are seeking to raise their craft to the level where they are also regularly selling them. It builds on the tools covered in the related “Fiction Writer’s Toolkit” course, but it’s not necessary to have done that course. Students should either bring a complete draft of a story to work on, or be prepared to write a new story from set exercises in the first couple of weeks of the course.

MEET THE TUTOR: DR. SHAILESH DIWEDI

WHAT DO YOU FIND ATTRACTIVE ABOUT TEACHING OTHER PEOPLE YOUR NATIVE LANGUAGE?
That’s a very interesting question. I find that people are from different backgrounds, they are interested in my language as well as the culture. It gives me pleasure to let them know about my culture and my language; when I am speaking Hindi and teaching it makes me very happy, as I was born and brought up in Delhi. So I guess that basically it gives me pleasure, to say my native things to other people. The Indian culture is one of the oldest in the world and I’m proud of that. It’s also very good that people are interested in it, so I’m keen to share it.

DO YOU FIND THAT MOST PEOPLE TAKE IT UP BECAUSE THEY’RE PLANNING A TRIP TO INDIA?
Sure, sure. We have people who learn Hindi for other reasons, though. In the last class I taught, we had about 15 people, and out of that number nearly half were planning to marry someone from a Hindi-speaking background. Some people are posted to Delhi with their work, and some do travel.

IF SOMEONE WERE TAKING YOUR COURSE WITH A VIEW TO TRAVEL TO INDIA, WHERE WOULD YOU TELL THEM TO GO FIRST?
See I would tell people to go to Delhi first, not just because it’s the capital but because it has such a mixture of cultures and languages. Hindi is the main language there and there are many historical places to visit, so most people will go to Delhi and then go around the region to places that interest them.

DO YOU HAVE ANY TIPS FOR PEOPLE LEARNING HINDI?
The most important thing (like most languages) is to practise. They can practise at home, and nowadays there are many people who learn Hindi from Bollywood; because it’s such a famous industry around the world now. People love the Bollywood music and songs and dialogue so watching those movies is very good - I have heard from some people that they have learned basic Hindi just from watching the movies!

Some courses require extra materials, please check the website shortcourses.cit.edu.au
Preparing, pitching, publishing and promoting your writing
Chris Andrews | 6 sessions | $275
How do you edit your own story? When should you show it to people? Who can you rely on to help you? Do you need an agent, and if so, how do you convince one to take on your story? This course will teach you everything you need to know about preparing, pitching, publishing and promoting your writing.

The writing practice
Mary Lynn Mather | 6 sessions | $275
Whether you want to master description, find your unique voice or get to grips with structure, good writing depends on regular practice. The course is made up of a mix of inspiring ideas and practical exercises, suitable for beginners as well as those with experience. A boot camp for wordsmiths, it will help you build useful habits and keep the momentum, whatever your style or genre.

World building for fiction writers
Chris Andrews | 6 sessions | $275
Stories, whether set in the past, present, future, or somewhere else entirely, must all consider reader expectations like consistency and realism. This course will help get you to where you want to be – the world your readers will want to believe in and return to as often as possible.

Writing for children: bringing your story to life
Tracey Hawkins | 4 sessions | $185
If you have a great story idea but don’t know how to progress it then join author Tracey Hawkins to workshop your ideas. This comprehensive course will examine genre, plot, character creation, writing dialogue, keeping to word count, and editing your work.

Writing novels and screenplays
Evan Croker | 8 sessions | $315
This eight-week course will guide new and intermediate writers through the process of creating compelling stories for books and film. The key components of format, character, story structure and theme will be examined, with discussion of getting an agent and the business of being a writer.

Writing science fiction and fantasy
Ian McHugh | 6 sessions | $275
This course covers the key aspects of writing in the genres of science fiction and fantasy. Sessions will cover world-building, creating alien and fantastical creatures and characters, past and future technology, systems of magic and storytelling in SF and fantasy worlds.

Better letters and emails
Sussan Fallon | 1 session | $195
Learn how to write clear, concise, correct and complete emails and letters. This course will look at structure, purpose, tone, word choice, editing and more, and give you the confidence to write like an expert.

Effective grammar for writing
Sussan Fallon | 6 sessions | $285
Improve your writing skills in the workplace with this comprehensive course. We cover grammar, punctuation, spelling, sentence structure and paragraphing. Your current skills and needs will be assessed so you can gain as much as possible from this practical experience.

English in the workplace
Helena Walker | 6 sessions | $245
Learn the writing, reading and speaking skills you need to work successfully in the Australian business environment. Each week there will be practical activities designed to develop confidence in common workplace tasks. Ideal for those with English as a second language or for anyone wanting to polish their communication skills.

Everyday English
Lizy Mejias | 6 sessions | $185
If English is your second language, then this course will help you to interact more comfortably when speaking with, or listening to, native English speakers in a range of work and social contexts.

Grammar and punctuation skills
Sussan Fallon | 1 session | $195
How you use grammar and punctuation can make or break a document. In this one-day workshop you will learn how to use different parts of speech and punctuation correctly and improve your writing style, ensuring your message is clear in a business or personal context.

Writing formal documents
Sussan Fallon | 1 session | $195
Writing formal documents such as letters, reports, minutes, briefs and summaries requires careful planning and preparation. In this one-day course, you will learn how to approach the task and find the right register then workshop a range of formal documents so you’ll leave able to write with confidence and proficiency. You’ll also gain valuable tips on style and method.

Duration of sessions will vary. For further details see course calendar insert or visit shortcourses.cit.edu.au
Cut through the chaos or refine your focus with courses designed to make your life smooth, efficient and more fulfilling. Launch your own startup, make full use of the supercomputer in your pocket or reflect on the future and what you really want. The power is yours.

**PERSONAL & WORK SKILLS**

Some courses require extra materials, please check the website [shortcourses.cit.edu.au](http://shortcourses.cit.edu.au)

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**COMPUTING**

Computers for beginners  
Michael Rosenberg | 6 sessions | $210  
This introductory course will explain all the basic processes of using your computer in simple, jargon-free terminology. Basic Word, internet use, Google searches and Email (specifically Yahoo, Gmail or Hotmail) will be covered.

Microsoft Excel: introduction  
Lea McLean | 5 sessions | $245  
Get to grips with the basics of the world's most popular worksheet software. You will learn basic navigation and worksheet management techniques to help you approach new and existing workbooks with confidence.

Microsoft Excel: intermediate  
Lea McLean | 4 sessions | $215  
This short course is designed for those who have a good, basic understanding of Excel but would like to extend their knowledge in specific areas.

Microsoft Office: introduction  
Nathanael Riches | 6 sessions | $345  
Over six well-paced lessons, this course will cover MS Outlook, Word, Excel and PowerPoint in detail. Ideal for anyone re-entering the workforce.

Microsoft Office for beginners  
Paul Harris | 8 sessions | $365  
This comprehensive introduction to Microsoft Office is for the new user who has basic computer skills but wants to learn how to use this diverse and useful package. The course spends two weeks each on PowerPoint, Excel, Outlook and Word.

**WEBSITE & GRAPHIC DESIGN**

Adobe Illustrator  
Suzie Torkington | 4 sessions | $295  
Learn how to create great graphics with Adobe Illustrator CC, the design industry's premier illustration software. We cover Illustrator basics, creating and painting shapes, drawing and manipulating paths and file management.

Adobe InDesign primer  
Brad Nichol | 1 session | $195  
Learn how to create great pages for print or digital with Adobe InDesign. You'll cover core tools, working with images in Photoshop, text fundamentals, design and layout tips, text and object effects and much more.

Adobe Photoshop: introduction  
Andrew Burke | 5 sessions | $295  
This course will teach you how to edit photos, create graphics, add effects and create works of art using Adobe Photoshop CC, the industry standard digital image editing program.

**NEW!** Microsoft Word workshop  
Deborah Kaufline | 5 sessions | $245  
Learn how to make the most of Microsoft Word. Over five weeks you'll unpack this versatile program, learning how to work with long documents and with graphics, create and edit tables, use track changes, compare documents and use Mail Merge.

Understanding your Mac  
Brad Nichol | 1 session | $195  
Ideal for anyone new to Mac computers. This comprehensive course covers all the basics including filing and folder operations, system set ups, custom controls, virus protection, software updates, shortcuts and much more.

Going further with your Mac  
Brad Nichol | 1 session | $195  
Still more to discover on your Mac? This course will help you master more advanced features and applications including QuickTime, iMovie, iDVD, Preview, FaceTime and widgets as well as Bluetooth and further backup options.

Word processing on your iPad  
Brad Nichol | 1 session | $195  
Creating and editing documents on your iPad has never been easier thanks to apps such as Pages. Learn how to format text, apply text styles and effects, place graphics and much more with the latest software available.

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MEET THE TUTOR: SUZIE TORKINGTON

WHAT DO YOU REALLY LOVE ABOUT GRAPHIC DESIGN?

I love the challenge of finding the best way to do something and using the best solution for the task at hand. Also, I just like seeing graphic design practice evolve – it’s always changing.

I think that my favourite thing to do when I’m designing now is to really simplify things, and that’s taken me a really long time to master; to be able to strip back work. When I started, I was always trying to include so much but now I love clean design. It’s a lot harder but I get a lot more satisfaction from it.

WHAT’S YOUR FAVOURITE FONT?

I always find myself going back to the Verdana family, it’s just so clean and simple so I think it’s good for so many tasks. When you think about it, it makes sense - the classic features of design stay the same. Yes some things come in and out of fashion, but when you go back to basics and look at what works, there’s a reason the classics last.

WHAT WOULD YOU RECOMMEND AS A FIRST PROJECT FOR BEGINNERS WHO ARE FIGURING OUT IF DESIGN IS SOMETHING THEY WANT TO PURSUE?

In both courses I teach something simple like a business card or a logo (particularly because we have a lot of business-owners doing the course). We usually do that on paper and just have a think about it before moving it onto the screen. That’s a good way to introduce yourself to the process, because you have to do a bit of research first.
NEW! Get the most out of your investment property
Jane Hadrill | 4 sessions | $225
Already own a rental property or two, but have this niggling feeling that there’s more to know? This course is a must for property investors who want a better understanding of tax deductions, negative gearing, depreciation, capital gains tax and how to avoid an ATO audit.

NEW! Making superannuation super
Scott Malcolm | 1 session | $65
Part of our income every week goes into a superannuation account. There is over $12 billion in ‘lost super’, but do you understand it? Come and unpack what you need to know about making the most of your ‘super’ savings. Doing something today really can make a lifetime of difference!

NEW! Get smarter about running your small business
Jane Hadrill | 5 sessions | $255
Already running a small business but unsure about tax and employer obligations, GST and BAS, ATO audit risk, and general small business finance matters? This course covers how your small business fits within the Australian tax system framework, maximising tax deductions, interpreting financial statements, creating a budget, monthly reporting, and cash flow management.

Maximum your money
Scott Malcolm | 4 sessions | $249
This four-week course will demystify the language of money looking at PAYG, super, defined benefits, debt, equity, trusts, shares, SMSF, property, gearing and estate planning. Designed for people of all ages and knowledge levels.

MYOB: introduction
Mike Walker | 7 sessions | $350
Looking for an easy introduction to MYOB? This course looks at accounting, payroll, job management and more and includes problem-solving and time-saving tips.

Small business: introduction
Scott Monson | 2 OR 6 sessions | $265
Get a handle on small business operations from a legal, business and marketing point of view. This course will give you a good understanding of the basics you need to launch and operate a small business.

PERSONAL DEVELOPMENT

Assertiveness: learning self-confidence
Karlene Dickens | 1 session | $195
This course will help you understand what it means to be assertive and teach you the skills and techniques you need to communicate with confidence, be more effective in interpersonal relationships and regain control of your life.

NEW! Changing careers
Helen Ollerenshaw | 1 session | $195
Changing careers can be a daunting process and often the change is not by choice but through unforeseen circumstance. This course will provide tools to assist you in identifying your transferable skills, pinpoint your strengths and passions and develop a plan that will support your transition into a new career, no matter your age or work history.

Effective communication
Karlene Dickens | 1 session | $195
Learn how you can become a more effective communicator in your private and professional life. This practical course will teach you the skills and techniques you need skillfully manage relationships, communicate more assertively, listen with understanding and manage conflict constructively.

NEW! Getting the life you want
Helen Ollerenshaw | 1 session | $195
Working through a series of exercises to help you define your idea of success; set goals; take action; solve problems and maintain motivation, this course will set you on the journey from where you are now to where you want to be – living a life with direction, purpose, and passion.

NEW! Leap into retirement
Sue Scarlett | 1 session | $85
Successful retirement is about more than your finances. This 3-hour interactive course will help you plan a retirement lifestyle that suits your interests, gives you a reason to get up in the morning and keeps you engaged.

WORK SKILLS

HLTAID003 Provide first aid
Allens Training | 1 session | $185
This course covers the skills and knowledge required to provide a first aid response to a casualty. The course is relevant to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.

In partnership and under the auspice of Allens Training Pty Ltd RTO #90909.

Some courses require extra materials, please check the website shortcourses.cit.edu.au